

Two weeks.  
Measurable progress.  
Lifelong confidence.

**Location**

Montreux, Switzerland (1h from Geneva Airport)

**Duration**

1–2 weeks | Ages 12–18 | Groups of 20–50+

**Seasons**

Skiing in winter; hiking, sailing & outdoor leadership in spring/fall

Reserve your child's place.

**Request a group quote [here](#)**



**Spaces are limited.**

Scan the QR code to learn more and reserve your spot  
[camps@eastwoodmontreux.ch](mailto:camps@eastwoodmontreux.ch)  
[www.eastwoodmontreux.ch/emprograms](http://www.eastwoodmontreux.ch/emprograms)

**Pricing Note:** Custom quotes provided; per-student costs vary by group size, season, and program customization.



Alpine  
weeks that  
**build  
grades,  
grit, and  
direction.**

**1–2-week residential  
programs for ages 12–18,**  
combining expert-led learning  
with daily alpine adventures in  
Montreux, Switzerland.



Eastwood Montreux — launching a next-generation international school in 2026.



Academics



Adventure



Confidence

# Program Options

## Three transformative programs to choose from

### IB Excellence Intensive (Ages 16–18)

10–20 hours targeted IB coaching with IB examiners  
Eastwood Global average IB 39 vs global 30  
Resilience & test-taking strategies  
Skiing (winter) / hiking & leadership (spring/fall)

### Resilience & Courage (Ages 12–18)

Based on neuroscience, CBT & positive psychology  
Mental, emotional & physical resilience pillars  
Alpine challenges for lasting confidence  
Peer support & mentoring networks

### Design Your Life (Ages 16–18)

Stanford-inspired Life Design framework  
Clarify values, explore passions, set goals  
1:1 coaching + guest speakers  
Build a roadmap for education & career choices

# Shared Benefits & Experience

## Why families choose Eastwood Montreux Camps

### Shared Program Elements

-  Comfortable château accommodation
-  Nutritious meals & wellness facilities
-  Evening reflection + social activities
-  Certificate & portfolio evidence
-  Experienced facilitators & staff

### Sample Days

**Summer:** Reflection + workshop • Mountain lunch + Via Ferrata • Sharing Circle

**Winter:** Intention setting • Skiing in Verbier • Evening goal-setting

### Program Activities

**Summer:** Paddleboarding, sailing, summit hikes, Montreux Jazz, thermal spa

**Winter:** Alpine skiing, snowshoeing, glacier walks, Christmas Market, fondue evenings

**Academic excellence + personal development + alpine adventure = a transformative experience.**

